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(Please Print)

**Home Address:** 

**Email Address:** 

First Nations

Metis

Inuit

Creative Centre Society For Mental Wellness

CLUBHOUSE REFERRAL FORM Address: 8916 Mary St, Chilliwack BC V2P 4J4 Fax #: 604-850-1190 **New Member Information** Name (person requesting service): Date of Birth: (DD/MM/YYYY) My gender is: PHN: My pronouns are: Phone #: • I am also interested in Preferred method of contact: participating in virtual/online I consent to receiving information by email Phone \_ Text \_ Email clubhouse services **Self Identified Cultural or Ethnic Group**: (Check more than one if necessary) White • Filipino Black South Asian Arab Latin American Southeast Asian Chinese Other West Asian Korean Japanese **Referral Source Information Best form of contact** Length of relationship with referred Referring source name and role member ● 0-3 Months □ 3-12 Months >12 months **Other Supports and Housing** Other important members of my healthcare team or community services include: (Occupational Therapist, Recreation Therapist, WorkBC, Support groups, Counsellor, Family doctor, Case manager, Vocational Counsellor) Supports I have in my personal life include: (Family members, friends, spiritual or religious connections, neighbours, pets) In an emergency please contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone number \_\_\_\_\_ Type of housing \_\_\_ Alone \_\_\_ Family \_\_\_ Supported housing program \_\_\_ Roommate or Friends \_\_\_\_\_ Other Recovery and Wellness Information What areas of your life would you like support in? (Check more than one if necessary) Mental health Going out into Volunteering, Fun and recreation your community education, or work Spirituality and • Friends and Personal Home and life skills personal growth family relationships Physical health Finances Technology skills • Other \_\_\_\_\_

• Yes My goal is \_\_\_\_\_\_

Name

and wellness



## **CLUBHOUSE REFERRAL FORM**



No I would like help with this. I am interested in:	
What might make connecting with clubhouse difficult?	
(e.g., transportation, language, childcare, meeting new people or going to	new places)
Other important health information	
(e.g., mental and physical health challenges, allergies, specific needs)	
Maintaining Mental Health and Wellness	
What are some supports or skills that help you with your mental health? (Counselling, time with friends and family, mindfulness, WRAP, spiritual practices, yoga, walking, art, writing, spending time outside)	
How might the clubhouse team know when you are not feeling mentally well? (Talking more or less, changes in mood, moving around more or less, not showing up, spending more money than usual, changes in my routine)	
What can our team do to help you if you need some extra support?	
I understand that by signing this referral, I am also authorizing the mental health centre/referral source and the clubhouse team to exchange relevant information as the need arises to support an integrated team approach. This authorization expires when membership to the clubhouse program ends.	
Signature of member	Signature of referral source
Date (DD/MM/YYYY)	

## <u>Cultural or Ethinc Groups Examples include:</u>

Chinese: Chinese and Taiwanese

South Asian: Indian, Bangladeshi, Punjabi, Sri Lankan, Bengali, Pakistani, Nepalese, Sinhalese, Tamil

Black: African, Nigerian and Somali

Latin American: Chilean, Costa Rican, Mexican, Brazilian

Southeast Asian: Vietnamese, Cambodian, Malaysian, Laotian, Indonesian, Thai

Arab: Egyptian, Kuwaiti, Libyan, Iraqi, Lebanese, Algerian, Moroccan, Palestinian, Saudi Arabian, Syrian







West Asian: Afghan, Assyrian, Iranian, Armenian, Georgian, Israeli, Kurd, Pashtun, Turkish

Visible Minority Other: Pacific Islander, Polynesian, Guyanese

Multiple Visible Minorities: more than one visible minority