

September 2018

Creative Centre Society - Cheamview

8916 Mary Street Chilliwack ~ 604-792-5287

Hours: Generally: Monday to Friday 9am-4pm / Young Adults Thursdays: Generally: 4pm-9pm

Monday	Tuesday	Wednesday	Thursday	Friday
3.	4.	5.	6.	7.
Clubhouse Closed for Labour Day	10am-Computers w/ Dennis 11am- 31 Plus Group 6pm- Hearing Voices @ The Village	Orientation, Intake and QOL all run from 9am-4pm	10am- Job Club 11am- Interview Skills 3pm- Young Adults. Paintballing and Planning Dinner **Sign Up Required**	11am- Outing to the Wetlands **Sign up required** 1pm- Social Meeting 3:30pm- Laughter in the Park @Centennial Park
10.	11.	12.	13.	14.
10am-Learn to Bake 12-2pm Bi Polar Support Group 12-3pm- Sound Wave	10am- Computers with Dennis 1pm- 31 Plus group	Inter Clubhouse BBQ @ Maple Ridge **Sign up required** Clubhouse closed 9:30am, reopens at 2:30pm	10am- Job Club 11am- Interview Skills **No Young Adults in Chilliwack today**	11am-Creating a resume 1pm- Social/Meeting
17.	18.	19.	20.	21.
7am- Catering 10am- Learn to Bake 12-3pm- Sound Wave	10am- Computers with Dennis 2-6pm- 31 Plus Group 6pm- Hearing Voices @ The Village	Staff Meeting Clubhouse closed until 1pm 2pm- New Member Orientations	10am- Job Club 11am- Interview Skills 4pm- Young Adults. Member Led Program	11am-Creating a resume 1pm- Social/Meeting
24.	25	26	27.	28.
7am- Catering 10am- Learn to Bake 12-2pm- Bi Polar Support Group 12-3pm- Sound Wave	10am- Computers with Dennis 1pm- 31 Plus group	11am- Woman's Group 12-3pm-Sound Wave 2pm- New Member Orientations	7am- Catering 10am- Job Club going to the Job Fair at Coast Hotel 11am- Interview Skills 4pm- Young Adults. Connect/Scavenger Hunt	11am-Creating a resume 1pm- Social/Meeting

Sign up is required for some programs and outings. Seating may be limited. Please check the sign up board.

Highlights and Outings

Laughter in the Park

Come along for a trip to Centennial Park in Mission with Abby House. There will be a free BBQ and live music along with a live comedy show with award winning comedian David Granirer and his Stand Up for Mental Health comics.



Outing to the Wetlands

Join Shelley on a trip to the wetlands. Please pack a lunch. Additional information will be posted soon.

Please sign up if you plan to come along.



Interclubhouse BBQ

At Maple Ridge Clubhouse. We will leave Cheamview at 9:30am and return at 2:30pm. Come along to meet new people, play some games and eat some food.

The Clubhouse will be closed during the time that we are away.

Please sign up if you plan to come along.



Programs and Descriptions

Computers with Dennis: Come join Dennis at the clubhouse and he will be available to answer any questions or teach you how to use a computer.

Job Club: Come and join in if you have any questions about gaining competitive employment. **On September 27 Job Club will be going to the Job fair at Coast Hotel**

Interview Skills: Upcoming interview for a new job? Come and join us and we will do mock interviews so you know what to expect.

Learn to Bake: This month we will learn how to bake bread, cookies, cake and much more.

Sound Wave: Come and join Chills and learn some new skills. Foster your inner musician and learn some technique and teach some technique. Laid back atmosphere, perfect for anybody willing to try.

New Member Orientation: Remember being new is often scary, but we have time for those moments. Every Wednesday we have time to spend with new members. Our friendly staff will answer your questions and introduce you to the clubhouse community. Also, please join us for social on Fridays to meet other members.

Bi Polar Group: This is a great support group run by members. It happens twice a month, so feel free to join if you are looking for peer led support.

Creating a Resume: Come and learn some new tips and tricks to help build the resume that you've been dreaming of!